



CURRICULUM DEPARTMENT

EAST GREENWICH

TOWNSHIP SCHOOL DISTRICT

Mrs. Lisa Giorgianni, Director of Curriculum and Instruction

March 24, 2025

Dear Parents and Guardians,

A comprehensive family life and health curriculum encourages students to take responsibility for their own lives by establishing health practices supporting lifelong wellness. The New Jersey Student Learning Standards for Comprehensive Health and Physical Education outline what students at each grade level band as part of family life in their health classes. Below are the family life topics and resources used in your child's first-grade health class this year. All content and activities are the same as last year.

- Family Life (1 Mini-Lesson): *Week of April 28th*
 - Topics: Healthy Friendships and Communication
 - This mini-lesson occurs with all students at the start of their health and physical education class.
- Instructional resources include:
- [Brainpop Jr. Video: Conflict Resolution](#)

After reviewing this information, any parent or guardian can excuse their child from this family life mini-lesson without penalty. If you choose to have your child excused from the family life portion, please complete the attached refusal form and return it by Wednesday, April 23rd. Your child will be placed in an alternative setting and given an alternative assignment during the family life lesson.

Please contact the health and physical education teachers or the building principal if you need more specific information regarding any portion of your child's health program.

Sincerely,

Mrs. Lisa Giorgianni

Supervisor of Instruction of English Language Arts, ELL, & Special Areas

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Family Life Refusal Form

1st Grade

Refusal Form - Return by *Wednesday, April 23rd*

Please return this form ONLY if you do NOT want your child to participate.

I request that my child be excused from participating in the family life unit:

☐ **Family Life Mini-Lesson (1)**
Week of April 28th

Student's Name: _____

Homeroom Teacher: _____

Parent's Signature: _____